

# Old Dominion Aquatic Club – Team Records

## 11-12 Women – Long Course Meters



Event	Time	Swimmer	Year
50 Freestyle	28.38	Krissy Archer	1998
100 Freestyle	01:01.06	Elizabeth Knorre	1990
200 Freestyle	02:10.55	Elizabeth Knorre	1990
400 Freestyle	04:39.19	Elizabeth Knorre	1990
50 Backstroke	33.04	Lisa Dubbe	1987
100 Backstroke	01:11.14	Elizabeth Knorre	1990
200 Backstroke	02:42.11	Mary Bernadette Escobar	2009
50 Breaststroke	37.17	Jennie DePaul	2011
100 Breaststroke	01:20.85	Jennie DePaul	2011
200 Breaststroke	03:00.49	Jennie DePaul	2011
50 Butterfly	30.71	Sarah R. White	2005
100 Butterfly	01:09.74	Krissy Archer	1998
200 Butterfly	02:44.02	Sarah R. White	2005
200 IM	02:34.18	Darby Chang	1988
200 Free Relay	02:00.95	N. Ackermann, M. King, S. Rowley, J. Templeton	1990
400 Free Relay	04:24.81	M. Romash, H. Land, M. Laderberg, E. Knorre	1990
200 Medley Relay	02:16.33	L. Dubbe, S. Witham, D. Chang, S. Buxton	1987
400 Medley Relay	04:55.46	E. Knorre, H. Land, M. Laderberg, M. Romash	1990